



Transgender 101: A Simple Guide to a Complex Issue

Nicholas M Teich

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Written by a social worker, popular educator, and transgender man, this well-rounded resource combines an accessible portrait of transgenderism with a rich history of transgender life and unique experiences of discrimination. The first guide to treat transgenderism as a distinct topic of study, this text moves beyond mere anecdote and recommendations for clinical practice to legitimize transgenderism in society and culture.

Chapters introduce transgenderism and its psychological, physical, and social processes. They describe the coming out process and its affect on family and friends; the relationship between sexual orientation and gender and the differences between transsexualism and lesser-known types of transgenderism; the characteristics of Gender Identity Disorder; and the development of the transgender movement. Each chapter explains how transgender individuals handle their gender identity, how others view it within the context of "normal" society, and how the transitioning of genders is made possible. The book features men who become women, women who become men, and those who live in between and beyond traditional classifications. Written for friends, family members, students, and professionals, this resource works as a stand alone text for social work and gender studies courses as well as a supportive text for sociologists, psychologists, and clinical practitioners. A special focus on issues affecting transgender youth, along with a glossary of key terms and helpful resources, makes this an ideal guide for younger audiences as well as those invested in their care.

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