



Unexpected Gifts: My Journey with My Father's Dementia

Eve Soldinger

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“He didn’t know his age, the year, or his surroundings, but he knew his life could still make a difference. On this path, he went forward with his heart. Every emotion was authentic. Each moment was new—but it was also full of love, anger, or fear, and he had to travel through it.” In a matter of days, Eve Soldinger’s life and family changed utterly: Her beloved father was diagnosed with dementia. The challenges are those every adult child faced with caring for an aging parent will recognize: How do I see to his needs? How do I protect him? How do I explain to others? But her insight and experience also bring a fresh, hopeful perspective. Discover with Eve and her family how they not only coped with practical challenges, but transformed heartbreaking years into a time of laughter, growth, and love—unexpected gifts that will enrich the lives of all families who walk this path.

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