



# **Understanding the Mind of Your Bipolar Child: The Complete Guide to the Development, Treatment, and Parenting of Children with Bipolar Disorder**

*Gregory T. Lombardo*

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**Help and hope for parents of children who suffer from this prevalent and puzzling disorder**

Bipolar disorder has an impact not only on children's mood and behavior but on the way they experience the world, and consequently on the way they think. The intensity with which a bipolar child perceives things can be the source of creativity and talent, but it can also be a source of confusion and disorganization. If parents can understand the effects of bipolar disorder on their child, they can help him or her to better navigate school, friendships, and family relationships.

Dr. Lombardo provides comprehensive information on:

Professional diagnosis

Developmental issues

Disorders that go hand-in-hand with bipolar, including ADHD and oppositional defiant disorder

Effective treatment – including psychotherapy and medication

*Understanding the Mind of the Bipolar Child* is essential reading for all parents who want to better understand their child and provide support every step of the way.

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