



Hypnosis To Improve Memory And Recall (Hypnotic Empowerment Series for Self- Awakening)

Janet I. Decker, C.Ht.

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The raven on the cover of this audio product represents what this hypnotic audio product can do for you. [Raven: Perhaps the most intelligent of all birds. Bearing an exceptional gift of memory.] This Audio product contains 2 programs. Program 1: Hypnosis to Improve Memory and Recall. Verbal step by step instructions gently guide the listener into a hypnotic trance state. Positive suggestions are then given to the subconscious mind to help improve memory and recall. With regular use the listener can easily recall everything they have ever seen, heard, smelled, touched, tasted and experienced. Program 2: Relax and Improve Your Memory. Step by step instructions guide the listener into a deeply relaxed trance state. Deep relaxation is extremely beneficial to mind, body and spirit. Program 2 enhances the effects of program 1. Program 1 and program 2 may be used independently of each other. An enclosed booklet describes what hypnosis is and how best to use this CD to achieve the greatest results. Effects will vary from person to person. Hypnotherapy is considered complimentary medicine and is not intended to be used in place of medical or psychiatric care.

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