



Hermit of Go Cliffs: Timeless Instructions of a Tibetan Mystic

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Hermit of Go Cliffs: Timeless Instructions of a Tibetan Mystic

The great Tibetan meditation master Gyalwa Godrakpa (1170-1249) practiced and taught a nonsectarian approach to realization. *Hermit of Go Cliffs* is the first English translation of *The Collected Songs of Godrakpa*, presented here with the original Tibetan text and with Cyrus Stearns' comprehensive introduction to Godrakpa's life, legacy, and poetry.

Like the songs of Tibet's great saint Milarepa, Godrakpa's songs are uniquely beautiful and accessible: sometimes stern and sharp, sometimes lyrical and filled with allusions to the natural world. These songs express what Godrakpa emphasized in his life - a no-nonsense approach to the practice of meditation.

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