



# A Volunteer Youth Worker's Guide to Understanding Today's Teenagers

*Mark Oestreicher*

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## **A Volunteer Youth Worker's Guide to Understanding Today's Teenagers** Mark Oestreicher

Many parents have taken a defeatist approach toward understanding their teens, and not without good reason; it does often seem hopeless, after all. But that's where you, the volunteer youth worker, come in. Mark Oestreicher shows that Understanding Today's Teenager is both possible and rewarding, if one has the right tools. Marko explores the dimensions of nature vs. nurture, brain activity, culture, biology, and emotional development, all of which lead teenagers to do the wacky things they do that adults don't understand and often can't remember having done themselves. Marko also reminds us that adolescent development doesn't end at the age of 18 just because United States law says it does. A Volunteer Youth Worker's Guide to Understanding Today's Teenager uses a combination of science, logic, and compassion to help bring us back from the cliff edge and remember why we started working with teens in the first place. Use this book as a jumping-off point to re-ignite your passion for teens.

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