



The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job

Gary Namie, Ruth Namie

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A landmark book that blazed light on one of the business world's dirtiest secrets, **The Bully at Work** exposed the destructive, silent epidemic of workplace bullying that devastates the lives, careers, and families of millions. In this completely updated new edition based on an updated survey of workplace issues, the authors explore new grounds of bullying in the 21st century workplace.

Gary and Ruth Namie, pioneers of the Campaign Against Workplace Bullying, teach the reader personal strategies to identify allies, build their confidence, and stand up to the tormentor - or decide when to walk away with their sanity and dignity intact.

The Namies' expertise on workplace bullying has been featured in such media outlets as The Early Show, CBS Radio, The Howard Stern Show, CNN, PBS, NPR, USA Today, and the Washington Post.

"This is the best book on what workplace bullies do and how to stop them in their tracks. The Namie's remarkably useful and concrete advice has helped millions of people, and *The Bully at Work* will spread their tried-and-true wisdom to millions more."-**Robert I. Sutton, Stanford Professor and author of *The No Asshole Rule***

"Sheds light on one of the business world's dirtiest secrets - corporate bullying." -**Dayton Business Journal**

"Filled with remedies for an ailment that is ravaging workplaces..."-**Harvey A. Hornstein, PhD**

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As people who live in the particular modest era should be update about what going on or facts even knowledge to make these people keep up with the era that is certainly always change and move ahead. Some of you maybe may update themselves by examining books. It is a good choice for you personally but the problems coming to you actually is you don't know what type you should start with. This The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job is our recommendation to help you keep up with the world. Why, as this book serves what you want and need in this era.

Leslie Martin:

The feeling that you get from The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job is the more deep you rooting the information that hide inside the words the more you get considering reading it. It does not mean that this book is hard to understand but The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job giving you joy feeling of reading. The article author conveys their point in specific way that can be understood by means of anyone who read the item because the author of this publication is well-known enough. This book also makes your vocabulary increase well. Therefore it is easy to understand then can go together with you, both in printed or e-book style are available. We advise you for having this specific The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job instantly.

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