



Recovering from the Loss of a Parent

Katherine Fair Donnelly

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An extremely well-written, compassionate guide for the millions of people who come face to face with a death in their own families

Losing a parent is a traumatic blow, and the grief can seem unbearable. But you are not alone, and you can get through this. In this first book dedicated to the experience of adults who have lost a parent, expert-on-grief Katherine Fair Donnelly shares intimate, telling interviews with surviving sons and daughters, and presents practical ways in which surviving family members can take steps toward recovering from their devastating loss.

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