



Kayak Morning: Reflections on Love, Grief, and Small Boats

Roger Rosenblatt

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From Roger Rosenblatt, author of the bestsellers *Making Toast* and *Unless It Moves the Human Heart*, comes a moving meditation on the passages of grief, the solace of solitude, and the redemptive power of love

In *Making Toast*, Roger Rosenblatt shared the story of his family in the days and months after the death of his thirty-eight-year-old daughter, Amy. Now, in *Kayak Morning*, he offers a personal meditation on grief itself. “Everybody grieves,” he writes. From that terse, melancholy observation emerges a work of art that addresses the universal experience of loss.

On a quiet Sunday morning, two and a half years after Amy’s death, Roger heads out in his kayak. He observes, “You can’t always make your way in the world by moving up. Or down, for that matter. Boats move laterally on water, which levels everything. It is one of the two great levelers.” Part elegy, part quest, *Kayak Morning* explores Roger’s years as a journalist, the comforts of literature, and the value of solitude, poignantly reminding us that grief is not apart from life but encompasses it. In recalling to us what we have lost, grief by necessity resurrects what we have had.

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