



## Epilepsy (The Facts)

*Richard Appleton, Tony Marson*

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## **Epilepsy (The Facts)** Richard Appleton, Tony Marson

Epilepsy: The Facts is written specifically for sufferers of epilepsy and their friends and families. This easy-to-understand, evidence-based guide to epilepsy explains everything about the causes and effects of the disease, clearly and simply.

The book addresses all aspects of epilepsy, at all ages. It begins with basic descriptions and definitions of seizures, through the classification of seizures and epilepsy syndromes. The different forms of investigation are described in detail including drug and non-drug treatment options. Further chapters discuss the effects of epilepsy on lifestyle, education and career choice and future developments. Positive, constructive advice is presented by the authors throughout the book to help sufferers manage their condition and cope with problems as and when they arise, especially in relation to many aspects of normal life such as schooling, pregnancy, driving, and work. This new edition represents a unique approach to the group of conditions known as 'epilepsy' and is the only publication of its kind in the UK.

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