



# The Solar Plexus or Abdominal Brain

*Theron Q. Dumont*

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## **The Solar Plexus or Abdominal Brain** Theron Q. Dumont

The African Unconscious, originally published in 1999, is an Afro-centric look at human history based on archaeology, genetics, and the biospiritual roots of religion and science. Author Edward Bruce Bynum offers a captivating and controversial viewpoint on the roots of our human existence, positing that all humans at their deepest core are variations on the African template, creating a shared identity and collective unconscious in all. He looks at both phenotypical types and psychic structures that form and identify us as human beings. Ideal for humanistic and transpersonal psychologists and those interested in African American art and culture, The African Unconscious is a blend of modern and ancient psychology that provides a relevant backdrop to humanity and our daily life.

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