



The Hero with an African Face: Mythic Wisdom of Traditional Africa

Clyde W. Ford

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In this remarkable book, Clyde Ford restores to us the lost treasure of African mythology, bringing to life the ancient tales and showing why they matter so much to us today.

African myths convey the perennial wisdom of humanity: the creation of the world, the hero's journey, our relationship with nature, death, and resurrection. From the Ashanti comes the moving account of the grief-stricken Kwasi Benefo's journey to the underworld to seek his beloved wives. From Uganda we learn of the legendary Kintu, who won the love of a goddess and created a nation from a handful of isolated clans. The Congo's epic hero Mwindo is the sacred warrior who shows us the path each person must travel to discover his true destiny.

These and other important African myths show us the history of African Americans in a new light--as a hero's journey, a courageous passage to a hard-won victory. **The Hero with an African Face** enriches us all by restoring this vital tradition to the world.

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