



Can I tell you about OCD?: A guide for friends, family and professionals (Can I tell you about...?)

Amita Jassi

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Can I tell you about OCD?: A guide for friends, family and professionals (Can I tell you about...?)

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Meet Katie - a teenager with Obsessive Compulsive Disorder (OCD). Katie invites readers to learn about OCD from her perspective, helping them to understand what it is, how her obsessions and compulsions affect her daily life, and how people around her can help.

With illustrations throughout, this will be an ideal introduction to OCD for both young people and older readers. It shows family, friends and teachers how they can support someone with the condition and will be an excellent way to start a conversation about OCD, in the classroom or at home.

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